



# MY DAILY ROUTINE



A. Read the following text and complete the table below.



I get up at 7 o'clock. I wash my face and comb my hair and then I go downstairs for breakfast, usually a slice of bread and a bowl of cereal. My school starts at 8:30, so I leave home around 7:50 to catch the bus. When school finishes - at 3 o'clock - I come back home, have a snack, do my homework, and take a shower. After dinner I watch TV and go to bed at 9:30.



Carla, 12

My alarm clock rings at 7:30. I take a shower and put my clothes on. Then my mother calls me for breakfast. I usually have bread with cheese and chocolate milk. After breakfast I brush my teeth and kiss my parents goodbye. My school is not far from my house, so I go on foot. I have lessons from 8:30 to 3:30. After school I walk back home and watch TV or listen to music. I usually do my homework from 5 to 7 o'clock, when we have dinner. I go to bed at 10. Before that I usually read a magazine and chat with my friends online.



Melissa, 12

I get up at 7:45, because my school only starts at 9. I go to the bathroom and then I put on my uniform. I have breakfast with my family around 8:15. I usually have porridge and a piece of fruit. We all leave home at 8:30. My parents drive me to school and go to work. At 4:30 my grandfather takes me home. I take a shower and put on my pajamas. I always do my homework before dinner. When my parents arrive we eat and I still study a little bit more. Before going to bed, usually around 11, I listen to music and read a sports magazine.



Diego, 14

I get up at 7 o'clock, take a shower to wake up, and get dressed. Then I prepare my breakfast - a ham sandwich and a smoothie. After brushing my teeth I make my bed and leave for school, which starts at 8. I usually take the tube, because it's faster than the bus. Lessons finish at 3 and I go straight home. I do my homework and revise for the tests. I have dinner at 7:30, help my mom with the dishes and study a little bit more while I listen to music. I go to bed at 11.



Mark, 13

	 Carla	 Melissa	 Diego	 Mark
Getting up time				
Breakfast				
School time				
Transport				
Routines before dinner				
Routines after dinner				



**B.** Now say who these statements refer to by ticking [☑] the appropriate box(es).

	Carla	Melissa	Diego	Mark
1) I wake up when the alarm clock rings.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2) I walk to school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3) I take a shower in the evening.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4) I wear a school uniform.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5) I brush my teeth after breakfast.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6) I do my homework before dinner.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7) I read before going to bed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**C.** Choose the right option to complete each statement according to the text.

1. Diego is the one who \_\_\_\_\_.  
 a) gets up later  
 b) gets up earlier  
 c) goes to bed earlier

2. \_\_\_\_\_ walk to school.  
 a) Neither Carla nor Melissa  
 b) Neither Carla nor Mark  
 c) Both Diego and Carla



3. Mark \_\_\_\_\_.  
 a) prepares breakfast for the whole family  
 b) fixes his own breakfast  
 c) doesn't prepare his breakfast

4. Diego \_\_\_\_\_.  
 a) has breakfast alone  
 b) has breakfast with his family  
 c) doesn't have breakfast

**D.** Now it's your turn! Write a similar paragraph about you. Use the paragraphs in the text as a guide. Include pictures.

